



# Behaviour Policy and Procedures

Titel	Behaviour Policy and Procedures
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## Our Approach to Behaviour

We understand that learning to regulate emotions and behave appropriately in a group setting is a gradual process. This Policy outlines our principles and strategies for supporting children as they develop socially and emotionally.

## Core Values and Behaviour Goals

We aim to promote the following core characteristics that underpin positive behaviour

- Confidence
- Communication
- Co-operation
- Curiosity
- Concentration

Children may exhibit challenging behaviours as a response to emotions such as boredom, anxiety, frustration, or tiredness. Our approach focuses on:

- Modelling kind and considerate behaviour.
- Providing engaging activities that support social and emotional development (a prime area in the Early Years Foundation Stage).
- Using role play, stories, and visual aids to help children express and manage emotions.

## Promoting Positive Behaviour

To encourage positive behaviour, we focus on

- **Modelling appropriate conduct** by being positive role models.
- **Consistency** in enforcing boundaries and expectations.
- **Positive reinforcement** through praise and recognition.
- **Encouraging self-regulation** and problem-solving.
- **Using positive body language** and engaging at the child's level.
- **Offering choices** and opportunities for behavioural improvement.

We recognise that misbehaviour is often a result of unmet emotional needs or developmental limitations, not deliberate disobedience.

## Behaviour Intervention Strategies

Where inappropriate behaviour is occurring, staff will

1. **Intervene immediately** and assess the situation.
2. **Engage with all children involved**, using a calm, respectful tone and age-appropriate language.
3. **Discuss feelings** and support children in recognising how their actions affect others.
4. **Redirect younger children** using distraction or alternative activities.
5. **Avoid punitive language** such as “naughty” or “bad”. Instead, we separate the behaviour from the child.
6. **Use alternatives to forced apologies**, such as comforting gestures, drawing a picture, or Makaton signs.

Staff will **not**:

- Shout, intimidate, or use physical punishment.
- Use exclusion strategies such as a “naughty chair” or “time out.”
- Withhold food or treats.

Instead, we use **reflective or calming time** to help children regain composure in a supportive way.

### **Escalation and Support**

If challenging behaviour persists despite consistent strategies:

- Staff will work closely with parents/carers to ensure consistency.
- Outside support (e.g. SENCo, Health Visitor) may be recommended.
- Incidents will be recorded, and **ABC (Antecedent, Behaviour, Consequence)** analysis will be used to identify triggers and patterns.

### **Involving parents and carers**

Working in partnership with families is essential. We ask parents to:

- Share relevant changes in the child’s home life.
- Reinforce behaviour expectations at home.
- Collaborate with staff and support agreed strategies.

We promise to:

- Communicate daily about your child’s behaviour and progress.
- Be consistent, non-judgmental, and supportive.
- Offer guidance and external support when needed.

### **Strategies for inconsiderate behaviour**

All staff (including volunteers) are expected to use positive guidance strategies:

- Help children identify and express feelings.
- Acknowledge positive behaviours like sharing and kindness.
- Avoid giving attention only in response to negative behaviour.
- Support children in problem-solving conflicts.
- Never isolate or punish children physically or emotionally.

Where necessary, physical restraint is used **only** to prevent injury or serious damage and is documented thoroughly, with parents informed the same day.

### **Children under 3**

We use appropriate strategies for very young children. We understand that tantrum, biting and other behaviour might arise from

- Separation anxiety
- Difficulty regulating emotions
- Disrupted routines

Support is provided through:

- Consistent attachment with a key person
- Gentle, patient responses
- Focus on emotional support and co-regulation

This Policy is monitored on a regular basis and adapted if necessary. We welcome feedback and comments from parents.